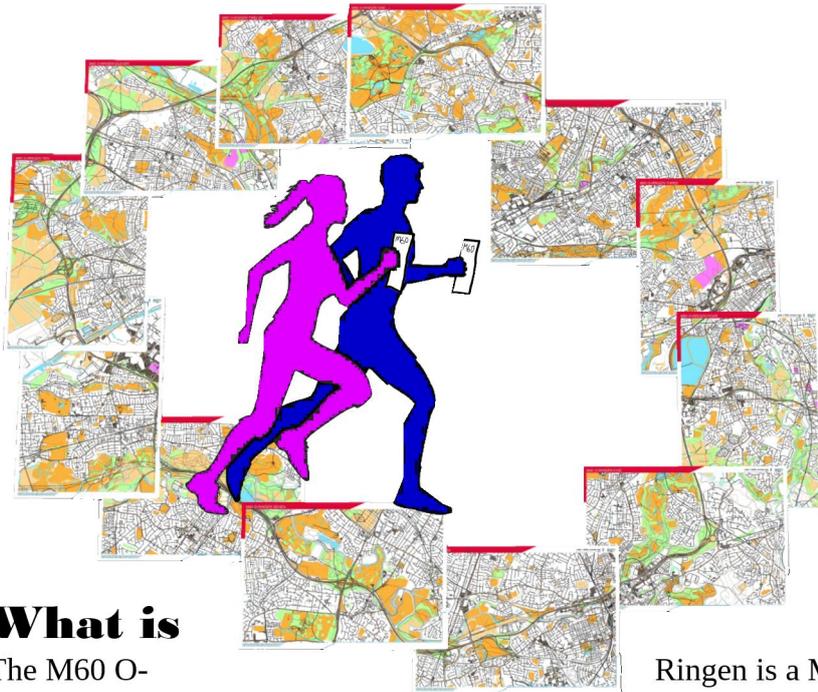


The M60 O-Ringen



What is

The M60 O-Manchester. As you'd expect to be enjoyed during its (about) under the Stockport Viaduct and through acres of parkland, open and cross country terrain. With some urban too.

it?

Ringen is a MapRun route that circumnavigates it is never too far from the M60. There is much 100km journey as it travels over the Ship Canal, under the Stockport Viaduct and through acres of parkland, open and cross country terrain. With some urban too.

Twelve legs

No need to do it all at once! There are twelve separate Legs, each with its own character, and and they have been arranged so that the Finish of one leg is the Start of the next. But they can be done in any order too - you can always start with the one nearest to home.

Visit 12 from 15 checkpoints per leg

There is a navigational interest - this is navvies, after all - because although 15 checkpoints have been carefully placed between the Start and the Finish of each leg just 12 must be visited. The interest is in which three are to be dropped. As I say, the checkpoints have been carefully placed. And before you ask, there is a choice of 54.6×10^{24} combinations of checkpoints from which to choose to those who wish to complete all twelve legs of the O-Ringen.

Use MapRun6 or MapRunG

MapRun6 works on Android and Apple smartphones but Garmin devices can be used too. Visit this navvies page to find out how.

Download the maps and factsheets

The App displays the map on the screen but it is far easier to use a paper map which also describes each checkpoint feature, and contains safety information including safe crossing points for busy roads. Each leg has a separate factsheet that provides you with the exact location of the twelve Starts/Finishes, a description of the leg and further safety information. It also contains the likely length of the leg when visiting 12 checkpoints and the shortest feasible distance between the Start and Finish should you want to park at one end of a leg and walk/warm up/warm down to the other.

Please don't tackle the M60 O-Ringen without using the paper maps and fact sheets. These are free PDF downloads and can be found by clicking on the Starts listed below:

Heaton Park, Boggart Hole Clough, Daisy Nook Park, Shepley Wood Park, Houghton Dale, Heaton Norris Park, Millgate Fields, Sale Water Park, Urmston Beach, AJ Bell Stadium, Worsley, Philips Park

A thank you

The M60 O-Ringen is free due to the generosity four organisations who do not charge a penny. The base maps are courtesy of the [OpenStreetMap](#) project which has given itself the task of building a free editable map of the world. [OOMap](#) takes this base map and converts it into bite sized pieces in friendly formats. The legs have been planned in Google Earth Pro and the Australians give us the [MapRun](#) and [MapRunG](#) Apps. Google are not short of a bob or two but the others would appreciate a donation. At the very least, thanks are definitely in order.