MapRunF



How to find the App

Use Google Play (Android) or the App Store (Apple) and search for "MapRunF' developed by FNE Enterprises. The MapRun icon looks like a green M. Download the App. It is free.

How to use the App

OPEN THE APP, THE HOMEPAGE HAS FOUR ITEMS

NAME

Use this menu to provide your details: these will include your surname and first name, gender, email address, year of birth and post code.

SELECT EVENT

From the list of folders choose **UK** and then **Manchester** and then **Navvies** and then **Postbox** Find and download the event. (Palatine Road). You can do this anytime before your run. Fully charge your phone before your run.

You can configure the App to give you your location and track as you go round.

GOTO START

Do NOT do so until you are 30m or so from the Start.

The map and course will appear on the screen. Your elapsed time and the remaining time will appear in the top left hand corner. Click on the 'Start GPS' button in the top right hand corner and walk towards the Start. Once the App locates you at the Start it will bleep to indicate your race has begun. As you visit each control the App will bleep again and the appropriate control circle will turn from purple to green.

The Finish will not be activated until you visit your first control, but remember to avoid the Finish until you want to actually finish.

Having finished you will be prompted to load your results to the event database. You can also load the details to your Strava account - if you have one.

SHOWRESULTS

Use this to view the details of your run stored on your Smartphone.

How to find all the results for the event

Visit http://maprunners.weebly.com/results.html to see the results of the other competitors. There are three views for analysis: firstly the Leader Board; secondly Time Splits which takes you to SplitsBrowser; and finally Runners Routes which is powered by RouteGadget.

Contact navvies@btinternet.com for more help. Visit <u>https://navvies.org.uk</u> for more like this.

Event Palatine Road PXAS ScoreV90

This is a score event. You have 90 minutes to visit as many postboxes as you can. Each postbox gains you 20 points but the penalties for being late are 10 points per minute